

Word of the Day

Autumn Term 2026

Week 2 – 7th September



This Week's Words

Grasshopper

tear
office
spare
chipped
lift

Shinobi

tolerate
mutter
fixation

VN
VOCABULARY NINJA

VN Grasshopper Word of the Day

Word of the Day: heart
(heart)

Word Class: (noun)

Definition:
Your heart is the organ in your chest that pumps the blood around your body. People also use heart to refer to the area of their chest that is closest to their heart.

My heart was beating in my chest.

Rhyme: heart was beating
part
start

Link Word: blood
body

VN Shinobi Word of the Day

Word of the Day: calamitous
(ca-lam-i-tous)

Word Class: (adjective)

Definition:
If you describe an event or situation as calamitous, you mean it is very unfortunate or serious.

The calamitous twins destroyed the play room.

Phrases: the calamitous pair
completely calamitous

Synonym: disastrous
devastating

Antonym: good

Prefix / Suffix:

Rhyme: glamorous
glamorous

Link Word: disaster
bad

'Words unlock the doors to a world of understanding...'

This Week's Words

Grasshopper

worry

exercise

lonely

return

support

Shinobi

uncertain

emotional

relationship

overwhelm

well-being



VOCABULARY NINJA

Grasshopper (Tier 1)

worry

exercise

lonely

return

support



VOCABULARY NINJA

Shinobi (Tier 2)

uncertain
emotional
relationship
overwhelm
well-being



VOCABULARY NINJA



Grasshopper Word of the Day

Word of the Day:

Pronunciation / Syllables

worry
(wor-ry)

Word Class
(verb)

Definition:

If you worry, you keep thinking about problems that you have or about unpleasant things that might happen.



Alice was **worried** about returning to school.

Synonym:

panic

stew

Antonym:

calmness

certainty

Prefix / Suffix:

-ed

-ing

Rhyme:

curry

hurry

Link Word:

cause

overcome



Grasshopper Word of the Day

Word of the Day:

exercise
(ex-er-cise)

Word Class
(verb / noun)

Pronunciation / Syllables

Definition:

If you exercise something such as your authority, your rights, or a good quality, you use it or put it into effect.



Exercise was great for helping me feel better.

Synonym:

movement

train

Antonym:

idleness

inaction

Prefix / Suffix:

over-

-ing

Rhyme:

curry

hurry

Link Word:

daily

never



Grasshopper Word of the Day

Word of the Day:

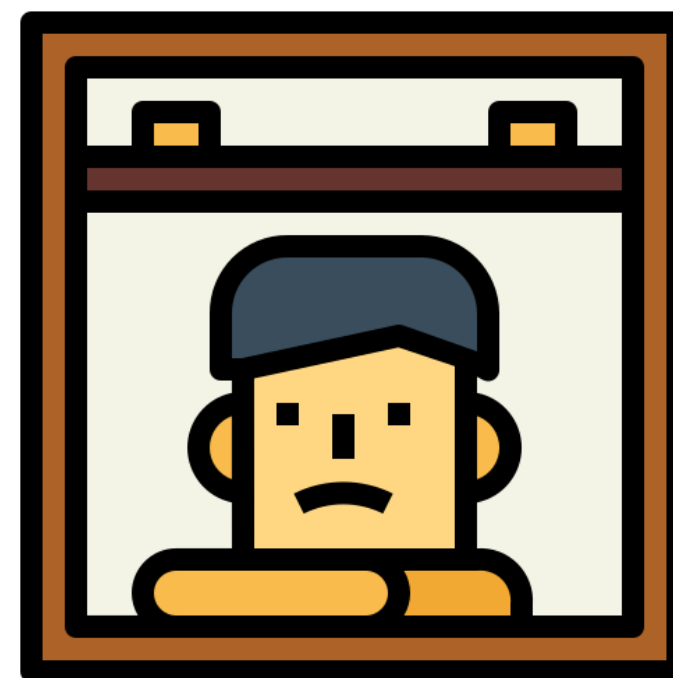
Pronunciation / Syllables

lonely
(lone-ly)

Word Class
(adjective)

Definition:

Someone who is lonely is unhappy because they are alone or do not have anyone they can talk to.



Sometimes it was quite **lonely** at home.

Synonym:

alone

isolated

Antonym:

popular

sociable

Prefix / Suffix:

-ness

Rhyme:

only

homely

Link Word:

place

feel



Grasshopper Word of the Day

Word of the Day:

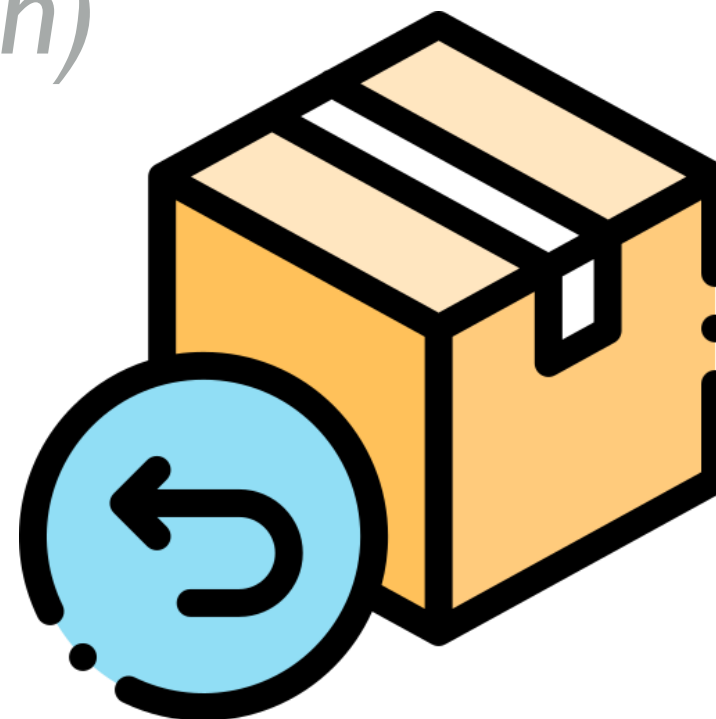
Pronunciation / Syllables

return
(re-turn)

Word Class
(verb / noun)

Definition:

When you return to a place,
you go back there after you
have been away.



The children were glad to **return** to their school.

Synonym:

go back

come back

Antonym:

depart

send

Prefix / Suffix:

-ed

-able

Rhyme:

learn

earn

Link Word:

home

journey



Grasshopper Word of the Day

Word of the Day:

support
(*sup-port*)

Word Class
(verb / noun)

Pronunciation / Syllables

Definition:

If you support someone or their ideas or aims, you agree with them, and perhaps help them because you want them to succeed.



The teachers were there to **support** the pupils.

Synonym:

help

aid

Antonym:

oppose

disapproval

Prefix / Suffix:

re-

-ed

Rhyme:

short

report

Link Word:

network

worker



Shinobi Word of the Day

Word of the Day: **uncertain**

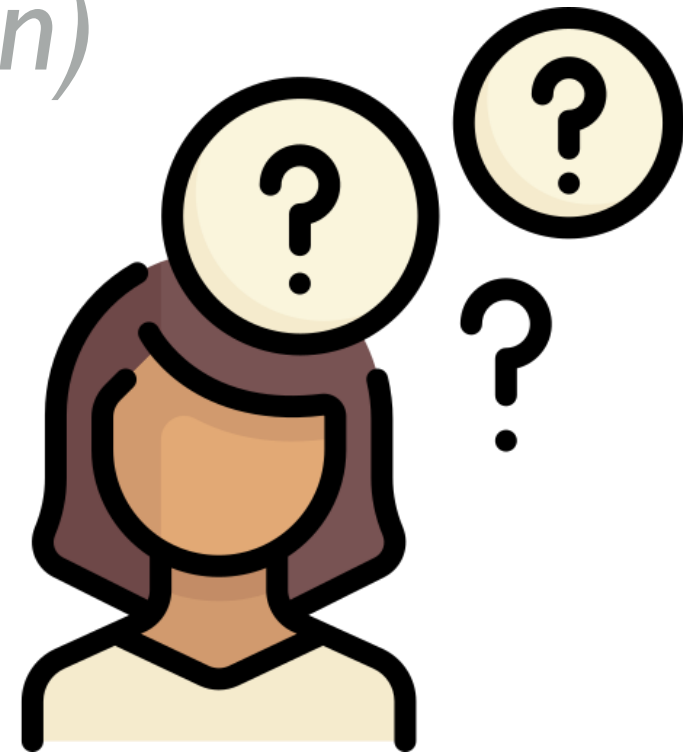
Word Class
(adjective)

Pronunciation / Syllables

(*un-cer-tain*)

Definition:

If you are uncertain about something, you do not know what you should do, what is going to happen, or what the truth is about something.



John was **uncertain** about what his classroom would be like.

Synonym:

unknown

unsure

Antonym:

certain

sure

Prefix / Suffix:

-ty

-ties

Rhyme:

curtain

burden

Link Word:

situation

outlook



Shinobi Word of the Day

Word of the Day: **emotional**

Word Class
(adjective)

Pronunciation / Syllables

(e-mo-tion-al)

Definition:

Emotional means concerned with emotions and feelings.



Paul was feeling **emotional** after seeing his friends.

Phrases:

feeling emotional

it had been emotional because

Synonym:

warm

emotive

Antonym:

calm

numb

Prefix / Suffix:

-ly

Rhyme:

irrational

sensational

Link Word:

day

event



Shinobi Word of the Day

Word of the Day: **relationship**

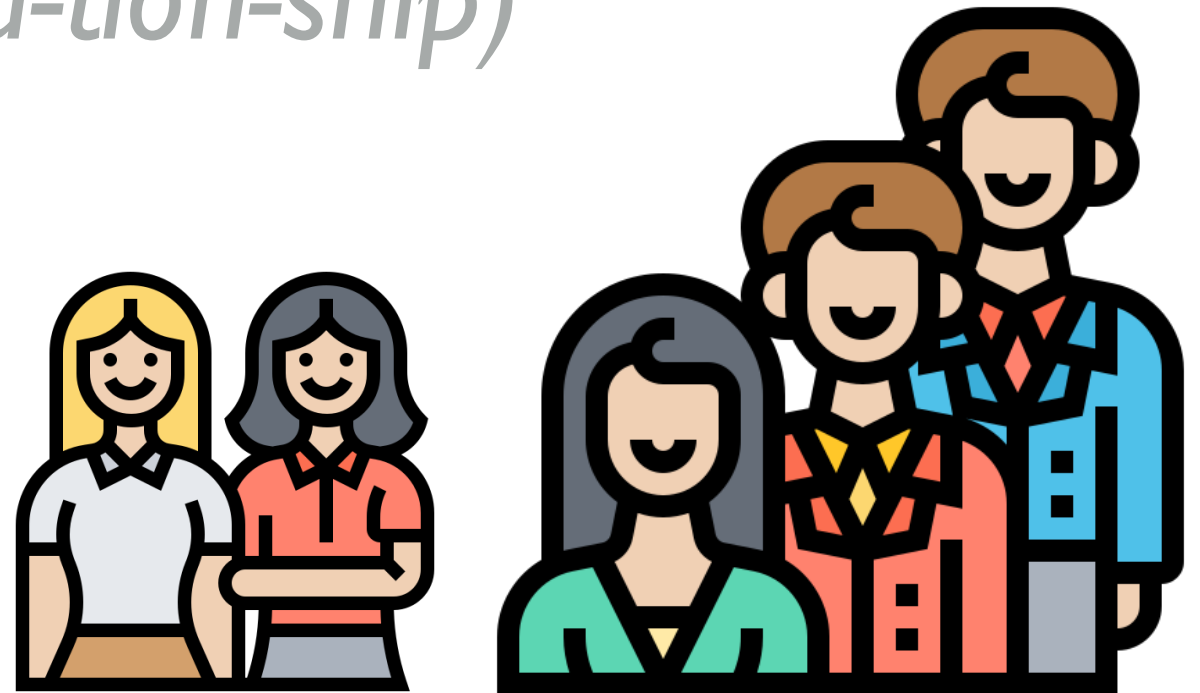
Word Class
(noun)

Pronunciation / Syllables

(re-la-tion-ship)

Definition:

The relationship between two people or groups is the way in which they feel and behave towards each other.



The children had a great **relationship** with the teacher.

Synonym:

connection

link

Antonym:

difference

division

Prefix / Suffix:

inter-

Rhyme:

Link Word:

strained

negative



Shinobi Word of the Day

Word of the Day: **overwhelm**

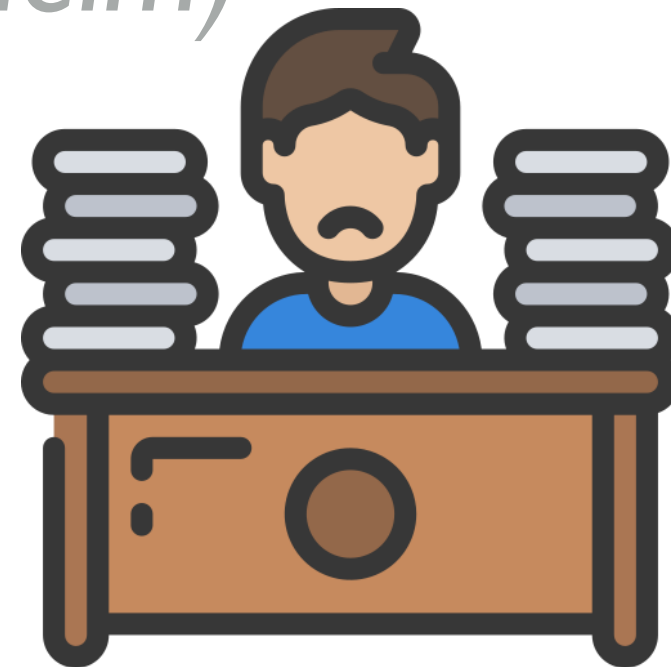
Word Class
(verb)

Pronunciation / Syllables

(o-ver-whelm)

Definition:

If you are overwhelmed by a feeling or event, it affects you very strongly, and you do not know how to deal with it.



Emily felt **overwhelmed** by the work in her lessons.

Synonym:

swamp

overload

Antonym:

lose

encourage

Prefix / Suffix:

-ing

-ed

Rhyme:

realm

helm

Link Word:

feel

easily



Shinobi Word of the Day

Word of the Day: **well-being**

Word Class
(noun)

Pronunciation / Syllables

(well-be-ing)

Definition:

Someone's well-being is their health and happiness.



Everyone's **well-being** was the school's priority.

Synonym:

welfare

health

Antonym:

injury

danger

Prefix / Suffix

Rhyme:

guaranteeing

agreeing

Link Word:

physical

mental

Vocabulary Laboratory



Describe / Definition:

Use it in a sentence:

Focus Word (write below):

Word Class:

Synonyms:

(words with same / similar meaning)

Antonyms:

(words with opposite meaning)

Draw your sentence:

Rhymes:

(words that sound the same)

Link Words:

(Example: football = pitch, team, player)

Vocabulary Visualiser

Draw the
Grasshopper words
and bring them to life.



Word: worry

Word: exercise

Word: lonely

Word: support



Vocabulary Visualiser

Draw the **Shinobi**
words and bring
them to life.



Word: uncertain

Word: emotional

Word: relationship

Word: overwhelm



Matching Meanings

Draw lines from the **Grasshopper** words to their definitions.



Grasshopper Word

Grasshopper Definitions

worry

If you exercise something such as your authority, your rights, or a good quality, you use it or put it into effect.



exercise

When you return to a place, you go back there after you have been away.



lonely

If you worry, you keep thinking about problems that you have or about unpleasant things that might happen.



return

If you support someone or their ideas or aims, you agree with them, and perhaps help them because you want them to succeed.



support

Someone who is lonely is unhappy because they are alone or do not have anyone they can talk to.



Matching Meanings

Draw lines from the **Shinobi** words to their definitions.



Shinobi Word

Shinobi Definitions

uncertain

The relationship between two people or groups is the way in which they feel and behave towards each other.



emotional

Emotional means concerned with emotions and feelings.



relationship

If you are uncertain about something, you do not know what you should do, what is going to happen, or what the truth is about something.



overwhelm

Someone's well-being is their health and happiness.



well-being

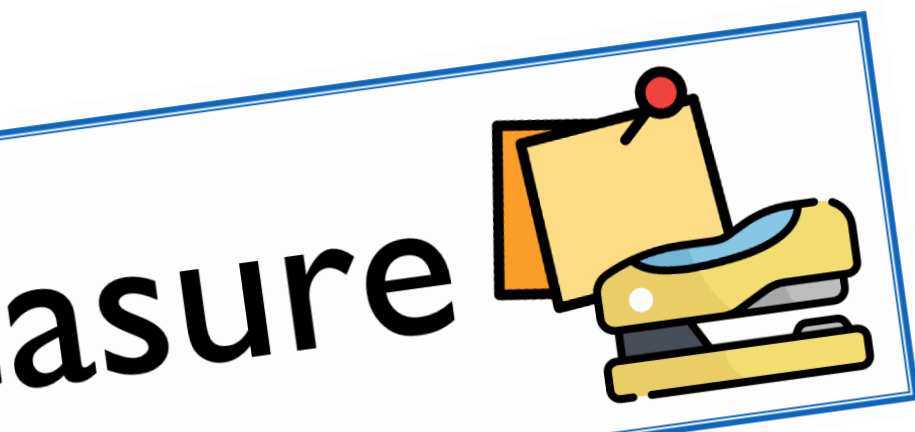
If you are overwhelmed by a feeling or event, it affects you very strongly, and you do not know how to deal with it.





Display Slips

The following slides are for classroom display. As you teach each Word of the Day, words can be displayed in the classroom to enable pupils to use the taught vocabulary in an independent manner.





worry

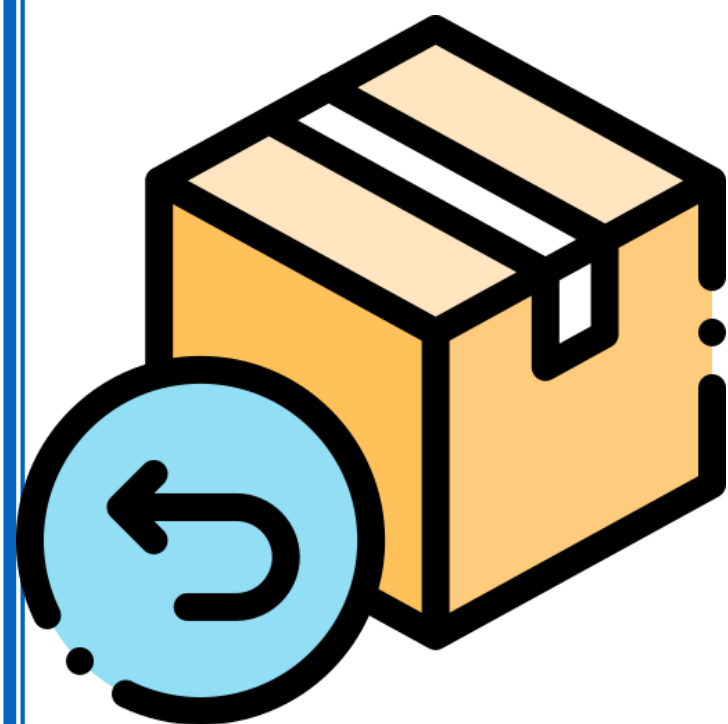


exercise





lonely

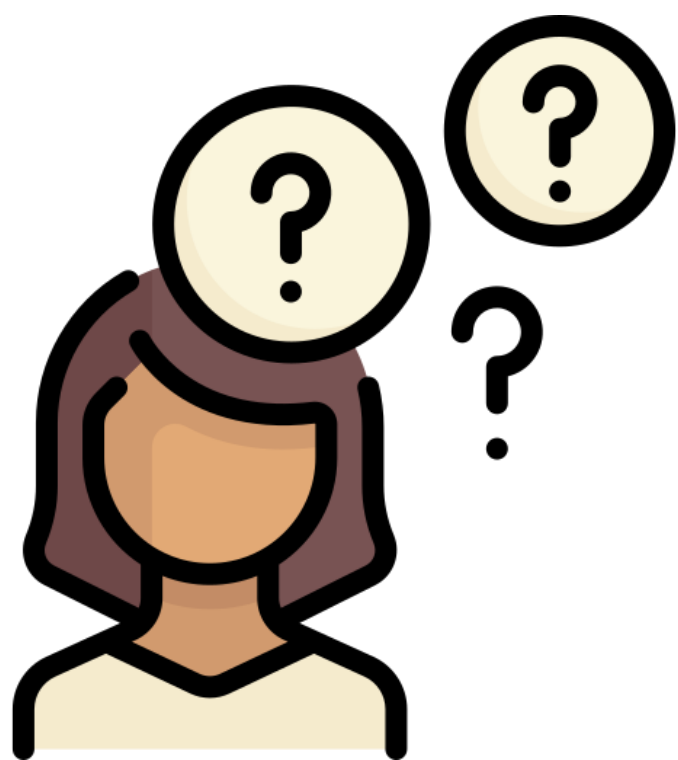
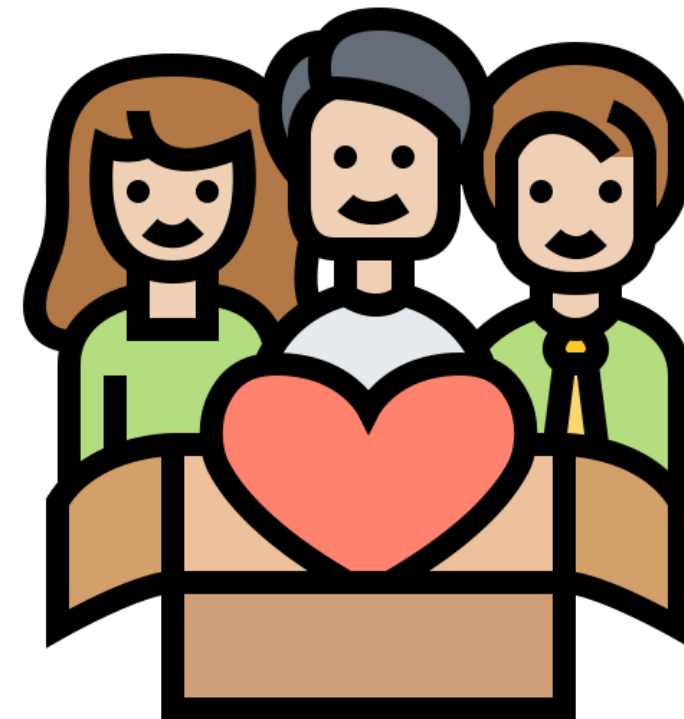


return





support



? uncertain





emotional

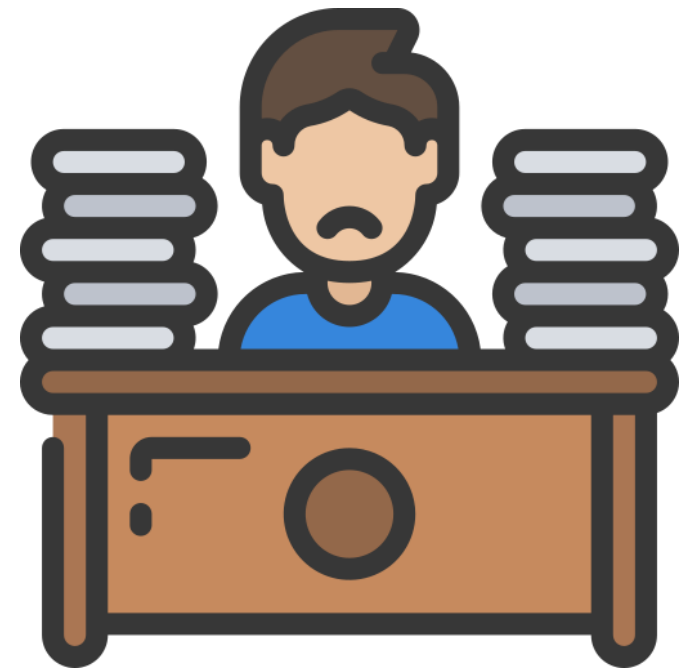


relationship





overwhelm



well-being

